






THE GOALS - write down your spiritual goals that you wish to achieve during this Ramadan.

QURAN	LEARN	GROW
<p>Write your Quran reading goals here. How much do you want to read throughout the month?</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> 	<p>List your spiritual resources this month. Are you reading a book? Watching a lecture? Taking a class?</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> 	<p>Write the habits you are planning on adding on and/or removing from your life. Any dhikr goals?</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> 

THE PLAN - get more specific on how to achieve your goals. Write a detailed plan.

<p>State the total number of pages:</p> <hr/> <hr/> <p>Divide that number by 4 for the number of weeks in the month. This is how much you will need to read every week in order to finish your goal:</p> <hr/> <hr/> <p>Divide further by 7 to dictate how much needs to be read every day:</p> <hr/> <hr/> 	<p>Decide how often you want to spend time with your resource. Is it weekly, daily, every other day? Then write down your plan to achieve your goal.</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> 	<p>How will you add on and/or eliminate a habit during this month?</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> 
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THE ROADBLOCKS - tackle all of your excuses in advance.

<p>Write down all of the hurdles you think that might appear in your plan before reaching the finish line:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> 	<p>Address each hurdle and write what you will say to yourself to overcome it.</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> 
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